

SayKnow.Org

Say Know began as a means to tackle the illicit drug trade through education. For far too long, our society has been fighting the wrong end of the war. It's time to reduce the demand of drugs, rather than focusing, wasted efforts, on the supply.

Say Know works to bridge the gap between academic research and knowledge earned from the street. We have a network of individuals, whose lives have been impacted in one way or another from the drug trade. We offer professional consultation to researchers, groups and organizations who require pieces of information that can't be found anywhere but through lived experience.

We have a variety of presentations for human service professionals, community groups and youth with their parents. Our most popular presentation series, entitled "What can a Cop, Drug Dealer and Colombian teach you?" educates parents, teens, and professionals through 3 unique lenses. We help teens form healthy decisions, guide parents, and provide context to professionals. Forget everything you thought you knew about addiction and drug trafficking!

"If we create environments that are safe and predictable and relationally enriched, then all of the other factors involved in substance abuse and dependence will be so much easier to dissolve away. Our challenge is to figure out how to create these environments."

Matt Ingrouille

Today's Presenters:



Tina Thebeau

Tina Thebeau has written a boldly honest and heart wrenching life story. She has overcome so many difficult obstacles and her resilience is a moving, powerful testimony. Her journey includes living with FASD, severe complex trauma, adoption, foster care, Bipolar disorder, and surviving a drug Addiction. She captivates her audience with her astounding insight and eloquent articulation. She is a courageous Métis woman from Saskatoon and is a director of Say Know - Drug Education Project. In her spare time she can play the piano for hours, and also makes hand beaded earrings. She is eager to share her experiences and hopes to inspire many.

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Marie Agioritis

In 2011 Marie's then 17-year-old son fell to the enticing power of Oxycontin. It started a 4-year spiral of addiction that led to heroin use. Then, without warning, in 2015 her 19-year-old son Kelly, not suffering with a substance use disorder, died by accidental overdose; Fentanyl. Her efforts have inspired national laws and with her sharing, Marie hopes to soften the judgements, to dispel the myths of who it falls to and hopefully inspire efforts that create forward movement by policy makers, academia and to encourage the spoken voice of the families too afraid to share. Marie is a director of Say

Know - Drug Education Project and sits on the boards of: Recovery Saskatoon, Alexander's Sober Living House, and Moms Stop the Harm.